



Student Kit List Year 2 Lowther Adventure Residential

There is no need to make special purchases as we strongly encourage you to bring old clothes. **You should, however, expect to get wet and dirty during each day's activities**, so you will need to bring several changes of warm clothing.

Suggested clothing list:	Notes:	Tick:
Underwear (vest, pants or knickers)		
Warm socks		
Nightwear – pyjamas		
Long sleeved T-shirts (all year-round protection from nettles & brambles in the woods)		
Loose long trousers – as above (not jeans)		
Warm sweater or fleece		
Shorts in summer		
Raincoat		
Gloves and a hat		
Outdoor shoes/ sturdy trainers		
Soft shoes or slippers (for inside use)		
At least one change of clothing including spare underwear and socks		
Suggested kit list:		
Sleeping bag		
Pillow		
Small towel		
Wash bag (facecloth, tooth brush & toothpaste etc.)		
Tissues or handkerchiefs		
Drink/Water bottle – especially important in the summer		
In Summer: Sun hat/ sun cream or stick		
Optional: Teddy		
Please label as many of your child's belongings as possible!		
Please remember: Your child will have to carry their own bag – a rucksack is ideal		

**We look forward to seeing you at
Lowther Adventure**
(also known as Sir John Lowther Centre)
Rushton Road
Glendon, Kettering
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Tel: 01536 517 539/ 07857 664 585 (in case of emergency)